



Attendance

Sunday, January 5  
9:00 am ~ 76

Sunday, January 12  
9:00 am ~ 73

Sunday, January 19  
9:00 am ~ 52

Sunday, January 26  
9:00 am ~ 73

Saturday Kitchen is  
Saturday, February 22nd.  
Sign up sheet on hall table.



**Birthdays  
for February**

- 6- Vi Kruse
- 6- Ben Striegel
- 12- Axel Six
- 15- Susan Baker
- 15- Vivienne Kroll
- 18- Danielle Six
- 23- Molly Zywiec
- 25- Aden Six
- 25- Avery Six
- 25- Ajay Six



**UPCOMING MEETINGS**

To have your meetings listed,  
please let Kelly know when they are held.

**Council- Sunday, February 9th at 11 am**

**Anniversaries  
for February**

- 15- Brian & Carrie Lueck



**HACAP**

Your dollar buys more when HACAP orders food,

consider sending a few dollars to:

**HACAP**

2175 Lexington Blvd # 1  
Washington, Iowa 52353

Help your local families during this difficult time.

Thank you, DeAnn



ENCORE EXPRESS

Encore at Immanuel Meals this month:

**Thursday, February 13**

**and**

**Thursday, February 27**



Serving at 11:30 a.m.  
Check Facebook for the menus.

RSVPs are required. *See you there!!*



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### **Scholarship Application for the coming year is open**

The Immanuel Lutheran Scholarship is for any active members of Immanuel Lutheran. The scholarship is for students who wish to attend an ELCA college, or any accredited university, private, community, state, or trade school. Contact the Church office or a committee member for an application form. If you have any questions talk to a committee member. If you would like to donate to the Scholarship fund you can do so by sending your donations to Immanuel Lutheran Church. Please designate the donation to the Scholarship fund, thank you.

The committee members are:  
Bev Bailey, Mary Chmelar, Linda Six, and Steve Vetter.



The women of HOPE (aka the Sew Ladies) wish to thank Immanuel's Council for their approval of purchasing a brand new Singer sewing machine to make our blankets! Now our seams will not look like electrocardiograms!

H.O.P.E.



Thank you for your generous donations to Washington's Schools at Christmas time. 3 boxes of hygiene products, hats, gloves, mittens, and clothing were delivered. There is still \$200.25 to purchase additional supplies. Your generosity is greatly appreciated!!

Dear members,

Thank you so much for your generosity this holiday season! Luther League adopted a local family (mother, 10 & 12 year old girls) and were able to make their holiday AMAZING! We purchased winter gear, clothing, and several wish list items for the girls. We bought a few things for mom as she has started going back to school. We bought the family some games, activities, and lots of holiday treats, as well as a few gift cards for food. The family was overwhelmed and greatly appreciative of our generosity! Thank you for helping to make this family's Christmas one of the best ones yet!

Luther League



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## **Centering Prayer: Please check with Fran for days and times for February**

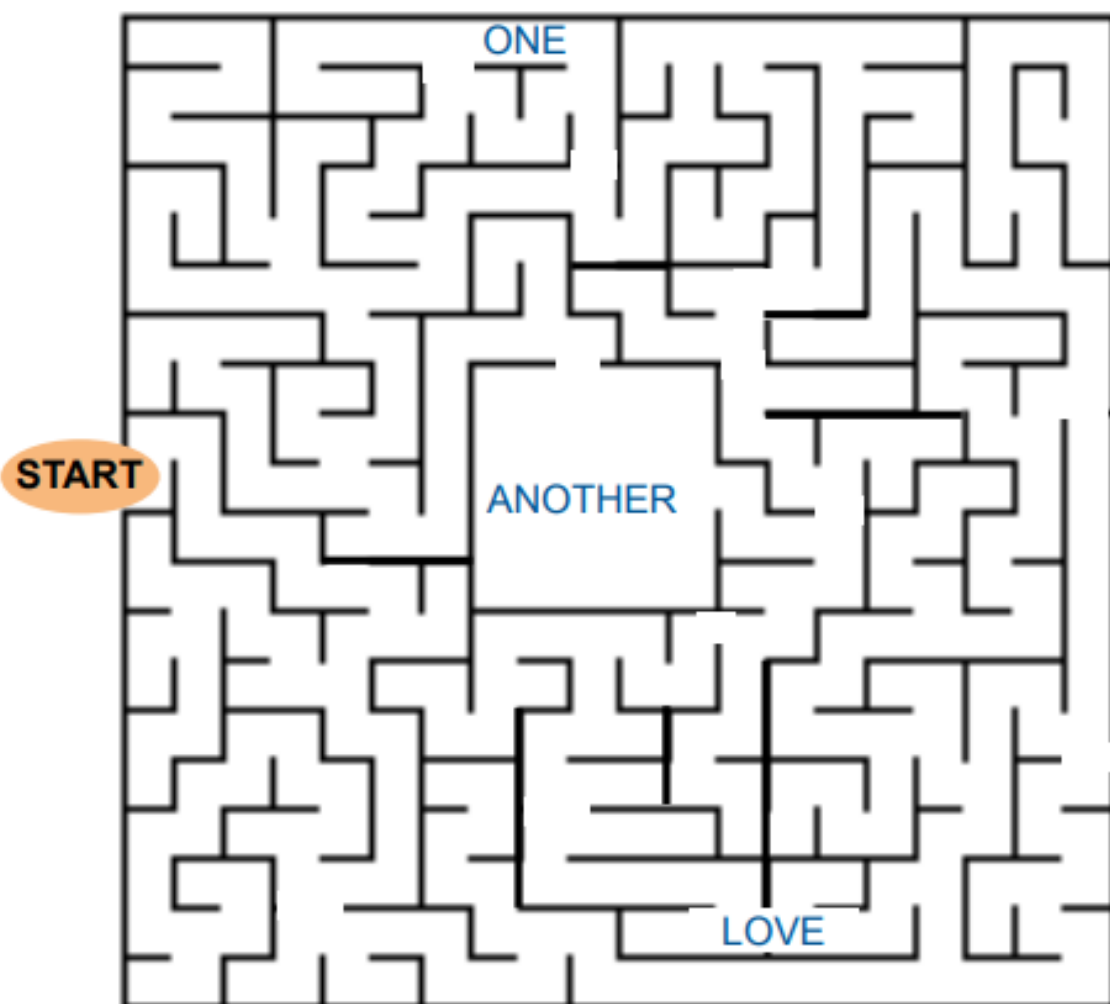
Deacon Fran Victor will be leading an hour of contemplative prayer in Immanuel's sanctuary (practicing social caring and wearing masks) the second and fourth Saturday mornings of each month; 8:30 a.m. – 9:30 a.m. The hour begins with Centering Prayer and then moving into Lectio Divina (using a verse of scripture as the basis for prayer). No experience is necessary in either prayer practice to participate. No reservations needed, just come and enjoy the hour of contemplation. If you would like to join this intimate group, but are new to this type of prayer, come at 8:15 a.m. for explanation.

“God's first word is silence.” – Thomas Keating

## Love One Another Word Maze

Find your way from the start of the maze and connect the words from the answer phrase in their correct order.

Love one another. John 15:17b HCSB



# Jesus Said "I Have Loved You." Word Search

Find the words on the list that are hidden in the puzzle. The words can be left to right, up and down, or diagonally.

As the Father has loved me, so have I loved you. John 15:9a (NIV)

I	T	F	A	T	H	E	R	E	O	D
T	I	O	N	S	E	D	E	U	V	E
L	A	I	Q	Y	A	T	N	O	T	E
H	U	E	L	O	V	E	D	I	Q	H
A	R	I	T	U	U	F	I	T	V	A
S	A	O	R	E	M	S	O	T	E	V
S	U	M	I	A	S	T	A	T	V	E
L	I	J	I	T	N	U	L	C	I	D
T	N	T	O	A	T	U	M	E	I	T
H	O	R	C	H	E	M	D	I	T	O
E	U	C	O	N	N	E	Q	U	I	S

AS	FATHER	LOVED	SO	LOVED	JOHN
THE	HAS	ME	HAVE	YOU	

*February reminds us of love. Love for the Lord, love for our partners, and love for friends and family. We offer you this story of the power of love between a mother and daughter.*

**“Without Amy’s support, I would still be an addict, and I wouldn’t be where I am today,” said Michelle, an LSI client.**

Michelle was struggling with substance abuse, legal issues, and mental health issues when she found LSI therapist Amy Davis back in 2021.

“God helps us in ways we don’t always want him to,” said Michelle. “When the coronavirus pandemic hit, I lost my job. The unemployment lines were long at the time, so we went several months without a paycheck, so I decided to get creative with my finances. I started selling drugs and was later arrested with a large quantity of drugs. They came in, took my kid, and I went to jail. After that, I was referred to work with Amy at LSI.”

Michelle and Amy worked through Michelle’s childhood trauma, processing the significant losses in her life due to drug overdose and death. Amy helped Michelle work on building a positive support system, a list of future goals, and a relationship with her daughter, Rachel.

“Rachel and I had a lot of problems when we entered therapy because I was a drug addict, and there was a lot of broken trust between us,” said Michelle. “LSI therapists helped us rebuild that trust and helped show her the progress I had made when she couldn’t see it herself.”

Rachel, in therapy as well, has been seeing LSI Therapist Chelsea Zaragoza since 2019. In addition to one-on-one therapy sessions with their respective therapists, Michelle and Rachel also do family therapy sessions with Amy and Chelsea. These sessions help the mother and daughter have time set aside to talk about issues they are having in a healthy, productive way.

“Michelle has had a lot of struggles, loss, and a lot of people who didn’t believe in her, and her daughter was one of them,” said Amy Davis, LSI Therapist. “We have worked hard doing family and individual therapy to bring those two back together, and it has worked. Where they are now, I don’t think I’ve seen a mother-daughter relationship as healthy as the two of them are.”

Today, Michelle has her daughter back in her home, she is thriving as a general manager at a coffee shop, and she is going to school for substance abuse counseling. She just received her one-year sobriety chip, and she has a good support system.

**“To see how far Michelle has come since I met her is truly remarkable,” said Amy. “She built the ladder, and she climbed out.”**

“I was a mess when I first came to LSI,” said Michelle. “Now, I’m sober, in college, have a high-paying job, and have my daughter back. Amy believed in me when no one else did, not even myself. She gave me hope.”

For more information, please contact Deb Whitford, LSI’s Director of Philanthropy and Church Relations, at [Deborah.Whitford@LSIowa.org](mailto:Deborah.Whitford@LSIowa.org) or 563-676-2065.

*LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at [LSIowa.org](http://LSIowa.org) and [facebook.com/LSI.iowa](https://facebook.com/LSI.iowa).*

# FEBRUARY

Service Date	Acolyte	Greeter	Reader	Tech	Usher	Communion
February 2	Paige Woline	Ryan & Christina Woline	Deb Simmering	Steve Vetter	Aaron & April Six and Gary Fischer	Christina Woline
February 9	Bentley Striegel	Steve & Kathy Vetter	Georgian Roffman	Brian Lueck	Landon Coker, Bob Coker, and Steve Vetter	Steve & Kathy Vetter
February 16	Evan Woline	Aaron & April Six	Tricia Kroll		Brad Kroll, Ryan Woline, and Gary Fischer	Tricia Kroll
February 23	Clayton Bartholomew	Marilyn Bennett	Linda Brown	Brayden Zywiec	Scott Bartholomew, Jason Taylor, and	Naomi Erickson

And now these three remain:



but the greatest of these is love.